

THE MOBILE MANNA FOUNDATION OPERATIONAL REPORT 2013

1. MEETINGS/EVENTS: The Mobile Manna Foundation held several meetings during the year and organized some events /activities which include:

- Monitoring and Evaluation Meeting (M&E) was held on the 12th of February, 2013
- Special General Meeting (SGM) held on the 16th of March, 2013
- On the 7th of March, 2013, MMF was represented by Mr Aneitie Umanah and Miss Adia James at a one day seminar of Sensitization Campaign on Exploring the Opportunities in the ECOWAS Integration Process and Programmes for Accelerated National Development organized by Ministry of Foreign Affairs held at Monty Suits & Hotels Uyo, Akwa Ibom State.
- Special General Meeting (SGM) held on April, 2013
- 2nd Foundation Day Celebration on Easter Monday 1st April, 2013
- On the 6th of August, 2013, the Akwa Ibom State Ministry of Health sent four representatives for the inspection of the centre in persons of Dr. Celestine C. Akpan Deputy Director Medical Services, Mrs Idoni I. Ekpa, Chief Nursing Officer/Chief Health Education, Stephen Udofia Chief Medical Lab. Scientist, and Pharmacist Elisha A. Udoh. They recommended that we should employ a Psychiatrist/ a Psychiatric Nurse who will understand the patients better. They equally said that we should identify the areas of collaborative partnership and write to the Ministry for assistance.
- On the 15th-16th of August, 2013, MMF was represented at the 1st National Symposium on Substance Abuse and Drug Control organized by Centre for Research and Information on Substance Abuse (CRISA), and a paper titled “Substance Misuse and Mental Disorders in Uyo Metropolis: A Question of Human Right and Development” was presented by the Research Associate Miss **Echem**, Adia James on behalf of the Founder/CEO Rev. Fr. Dr. Donatus Pius **Ukpong** at Governor’s Office Annex, Willington Bassey Way Uyo, Akwa Ibom State.
- Monitoring and Evaluation Meeting was also held on September, 2013
- 1st Colloquium on World Mental Health Day held on 10th October, 2013 at Multipurpose Judiciary Hall, Willington Bassey Way Uyo, Akwa Ibom State.
- On the 10th of November, 2013 Paulinus Arungwa came and celebrated his birthday with the patients at the centre including some of staff.
- On the 20th of November, 2013 the Akwa Ibom State Broadcasting Co-operation came for the inspection and videoing of the centre. They interviewed the Acting CEO, Dr Happiness Uduk who took them round the administrative unit and the Pilgrims Home, they equally interviewed some of the patients.

2. Partnership and collaboration

The Mobile Manna Foundation has made several collaborations and partnerships within the year 2013. These institutions and organizations include;

- Registration/ collaboration with Akwa Ibom State Ministry of Health Uyo
- Partnership with the National Human Rights Commission

- Centre for Research and Information on Substance Abuse (CRISA)
- Akwa Ibom State Agency for the Control of AIDS (ASACA)
- Catholic Charity Foundation of Nigeria (CCFN)
- Brand Research and Advertising Limited (BRA)
- Planet 101.1FM
- Prudential Cooperative Microfinance Bank Ltd (PCMFB)

3. Food Distribution Outreach

In summary, food distribution was done thirty-three (33) times.

Forty-nine (49) Road axis were covered in Uyo metropolis

Total number of food packaged = 638

Total number of persons approached = 397

Total number of persons who accepted the offered = 367

Total number of person who rejected the offer = 11

4. MMF Interventions

The Foundation has intervened for many less privileged in the State whether mentally sick or not especially during food distributions' outreach on Saturdays. During the year, the following patients were cared for by MMF;

5. Out-Patients

1. Rose Okon Ikara
2. Paul Sylvester Tom
3. Peter Sylvester Tom
4. Emmanuel Uko
5. Mrs Alice Udo
6. Miss Nseabasi Okon Peter
7. Miss Udauk Edet
8. Miss Ruth Ita Okon
9. Nsembo-owo Effiong Ifioke
10. Miss Maria Nkereuwem
11. Miss Imo Edem Archibong
12. Mr Akan-imo Emmanuel Willie
13. Mrs Eno-mfon Ukpong
14. Ukeme Willaims
15. Ukeme Edmond
16. Miss Caroline Israel
17. Dinah Christopher
18. Mrs Paulina Ikpe
19. Mrs Sarah Emah
20. Mr Daniel

6. In-Patients

1. Asuquo Asuquo Effiong
2. Justina Cletus
3. Okon Sunday Okon
4. Solomon N. Akpan
5. Akan-inyene Okwere
6. Ifreke Udo Ezekiel
7. Itoko-owo Peter Asuquo

7. Publicity

The Mobile Manna Foundation has created several awareness through the distribution of profiles, food distribution outreach (FDO), and mostly awareness campaign during 1st colloquium on World Mental Health Day

8. Proposals

The MMF has written four (4) proposals seeking for collaboration and partnership.

1. A proposal for a collaborative partnership between the Mobile Manna Foundation and the Akwa Ibom State for the Control of AIDS (ASACA) on awareness programmes on HIV/AIDS Control and mental illness and the establishment of care and counselling centre.
2. A proposal for collaborative support with Psychotropic Drugs from Amela pharmacy Uyo.
3. The MMF has also written letters of appeals to individuals and organizations seeking for support and sponsorship.
4. A proposal for a collaborative support and sponsorship for the 2013 World Mental Health Day Celebration was also distributed to some individuals, institutions and organizations.

9. Purchases

The MMF in 2013 made purchases of the following items in the office and Pilgrims Home;

1. Cain chairs and centre table
2. Dining table with six (6) chairs
3. Five (5) cupboards at the pilgrim rooms
4. OPD six (6) plastics chairs
5. Deep freezer
6. Laptop for the Research Unit
7. One (1) standing fan at the Nursing Unit
8. Medical Apparatus
 - a. Drip-stand
 - b. Surgical Instrument
 - c. Sterilizing port

10. Staff and volunteer service

The strength of the MMF has increased to seven (8). Miss Itoro Usen Secretary, Ndifreke Sunday Logistics Associate, Margaret Okon Public Relation Associate .Four staff were employed between January and March 2013. Two (2) Security Officers Mr Brownson Edem and Miss Mbet-obong Tom, One (1) Nurse Miss Jenny Uweh and Miss Echem, Adia James as a Research Associate.

While Mr Anietie Umanah, the Project Manager resigned in June due to family challenges. With immediate effect, Miss Echem, Adia James the Research Associate was voted to be the Acting Project Manager pending when the Advisory Council will meet for the employment of a new Project Manager.

The MMF as an NGO have members and volunteers within and outside the State who support the Foundation financially, materially and spiritually for the growth of the organization from all spheres of life. Some of the volunteers always assist the Foundation during food distribution outreach and preparation.

11. Property

The Foundation has a poultry farm for the rehabilitation of the patients and as a source of income for the Foundation.

12. Conclusion

The year 2013 could be described as the most fruitful year in the history of the Foundation. The MMF has made impacts in terms of awareness creation especially during the 1st Colloquium on World Mental Health Day Celebration. This special event drew more than five-hundred (500) participants in attendance and most importantly the registration and recognition of the Foundation with Akwa Ibom State Ministry of Health added more advantage to the Foundation in the year 2013.

13. Challenges

In spite of the tremendous and fruitful year, there are still many plans in view that the Foundation is yet to achieve in the strategic plan for the year.

1. The Foundation is yet to acquire a land for the building of the permanent centre
2. Irregular financial support from members although some members are living up to expectation
3. Unredeemed pledges during the 1st and 2nd Foundation Day Celebration from invited guest and some members
4. Lack of accommodation at the temporal centre to admit more patients especially female.
5. Insufficient drugs for the patients sometimes due to patients increased in number.

Notwithstanding the challenges, we hope that one day at a time, the Foundation shall achieve her vision and mission for the promotion of mental health in the State and beyond.

Echem, Adia James
Research Associate